



# TDDN Newsletter

## September 2024



### Parent feedback from July 24

To all the staff at Training Depot Day Nursery. I can't thank you enough for how much you have made all my children feel welcomed and loved over the years. Second to none! Very very grateful for the day you organised.

First of all, let me thank the entire team for all the support given to my daughter. I'm really happy to see my daughter's changes after joining TD nursery. she has become more independent and active. Thank you once again. And I will be referring this nursery to our friends and family.

I am very happy with everything; the teachers are amazing.

Thank you so much for everything you all have done! My kids absolutely loved their time here and always talk about it. Very sad that it's the last time I will visit you all.

Our experience at the nursery has been great. all the staff are kind and supportive and we want to thank them for all their efforts.

We have had an amazing experience. All the staff are professional, kind-hearted. Thank you for being part of our journey. I very much appreciate everyone. We will miss you.



Follow us on Instagram

A warm welcome back to everyone, also to all the new families that are joining us.

We understand that it can be an anxious time for you with your children starting nursery. Please remember each child is different and settle into a new environment at different rates.

We use several different strategies to ensure that have settled securely at TDDN and form good attachment with the staff.

Please remember your child may experience separation anxiety, some of the behaviours to lookout for are: -

- Trouble controlling emotions.
- Regressive behaviour
- Depressive sadness, or a lack of interest in favourite activities
- Changes in sleep schedule or appetite
- Self-isolating or withdrawing from social circumstances.
- Abnormal clinginess toward a particular parent or caregiver

### The three Rs — relationships, routine, and resilience

1. **Relationships** — Please talk to us about how your child is coping.
2. **Routines** — We have daily routine in both rooms to help your child understand their routine while at the setting.
3. **Resilience** — we will support your child to talk about their emotions and this will help them to build their resilience by helping children identify difficult feelings they might experience, teaching them coping skills. You can also help with this at home, by talking to your child about their day at the setting

## Parent Ground rules

As a parent: -

- I will work in partnership with the nursery to help my child's development and welfare needs.
- I will remember to provide items needed for my child, to ensure they have a good day at the nursery
- I understand there is a late fee if I am late to collect my child.
- I will pay fees in advance (If applicable).
- My child may come home with paint, food, sand etc.... on their clothes this is a part of the learning progress.
- All medicines need to be handed into the office and a form must be completed. It is your reasonability to ensure the medicine is collected at the end of the day.

All children will be expected to go out to play and explore. No requests will be accepted to keep children in. if your child is not well then please keep them at home.

**Reminder all fees are to be paid in advance at the beginning of the week or month depending on your payment plan.**

**Please remember Fees must be paid even if you child is off sick or on holiday.**

**For all children starting school in September 2025- please ensure your child's immunisation schedule is up to date.**

### Documents you will be expected to sign....

TDDN accident form

Home accident forms

Behaviour forms

Safeguarding forms

Medication permission slips

Please be aware if your child has an Epi pen it is your duty to ensure we have an in-date Epi pen. Otherwise, your child will **not be able to attend nursery.**

Please also note that if your child is unwell, they will be sent home.

**Moved Home? Changed Telephone numbers? You must share this information with us!**

**No Mobiles**

**No shoes with shoelaces / no dummies / no food or medicine in your child's bag**

**Please provide Spare cloths your child may wet as due to no asking in time. If you child is toilet training, please ensure you take of their nappies before you take them into the room.**

**SPOT THE SIGNS OF CHILD EXPLOITATION**

- Regularly going missing
- Suddenly having expensive items
- Unexplained injuries or bruises
- Lots of train and bus tickets
- Relationships with older people
- Regularly drinking or using drugs

Find out more at [BedsVeru.org](https://BedsVeru.org)

**Luton**

## Healthy Tips

1. Milk and still, unflavoured water are the only tooth-friendly drinks. All other drinks can contribute to tooth decay and tooth erosion.
2. Use family toothpaste which contains fluoride; this will help strengthen tooth enamel (the strong outer part of the tooth) to help prevent tooth decay.
3. After brushing teeth (you and your children) should avoid rinsing out with water or mouthwash – you will wash the fluoride in the toothpaste away! Just spit out the excess foam – job done!
4. Don't add sugar to drinks and food given to babies and children.

I LIKE TO  
MOVE IT  
MOVE IT  
LET'S GET  
ACTIVE



## Community Catchup Immunisation Clinics – share with parents

The following catch up clinics, which started in May 2024, are run by NHS trained nurses who will share all information with your GP surgery. The team deliver missed or delayed vaccines as well as registering vaccinations from overseas. Children aged 15 months and over are welcome to attend. No booking required, just walk-in. Please share with parents.

First Tuesday of each month 9:00am - 12:00pm at Bury Park Community Centre, 161 - 161B Dunstable Road, Luton, LU1 1BW

*Dates in May/June/July may change due to building work. For up-to-date information, please check with the Bury Park community centre directly.*

First Thursday of each month 1.00pm - 3.30pm at Hockwell Community Centre and Family Hub, Mayne Avenue, Luton, LU4 9LB

## Family Hub updates

Family Hub have now officially launched the website and mobile App, there is some really great content on there. you can download onto your mobile device

<https://familyhubs.luton.gov.uk/>

**ANTI-VIOLENCE EVENTS**  
*With the Knife Angel*

'THE SOLUTION STARTS BY BEING PART OF THE CONVERSATION'

TO GET INVOLVED OR FOR MORE INFO  
VISIT: [KNIFEANGELLUTON.COM](https://www.knifeangelluton.com)

MARY SEACOLE HOUSING ASSOCIATION  
Luton  
Luton Rising  
Youth Partnership Service